

Cedarbrook Clue



Check in Day -- Sunday

- Check-in is from 1:30pm to 4:30pm on Sunday.
- The Registrar will send an email with your camper's assigned check in time/group.
- If you anticipate arriving later than your designated time (or 4:30 pm), please call the Registrar at 206-390-7468 and leave a message.

Departure Day -- Voyagers

Voyagers depart at 6:00 pm on Tuesday.

Voyager parents will get a pickup procedure emailed to you in Monday evening's parent email.



Departure Day -- Week long Campers

- All week-long campers will be assigned a group and pick up time between 9:45 am – 11:15 am on Saturday.
- More information as to your assigned group will be emailed to you in the Thursday evening parent email.
- Should your camper need to depart before the designated time, please make this arrangement with the Registrar when your camper is checked in.





Packing List - What to Bring

Please label everything with your camper's name or initials.

- Sleeping bag, pillow, and pillowcase
- Sleepwear, layered to allow for the fluctuations in environmental temperatures.
- Undergarments and socks – 8 each
- Modest shorts and shirts – 4-8 each
- Jeans or pants – 2 pair (more if taking Horsemanship)
- "Light jacket or sweatshirt
- "2 pair sneakers or closed-toe/closed-heel shoes.
- Modest swim attire (string bikinis, thongs, or Speedos will not be allowed; cotton shorts and t-shirts are not allowed in the pool)
- Comb, brush, shampoo
- Toothbrush, toothpaste
- Plastic cup or water bottle
- Soap, washcloth, and 2 towels
- Plastic bag to take home wet/dirty clothes.
- Bible, pen, pencil, paper Addressed postcard or stationery to write home (these items may also be purchased in the Tuck Shop)
- Spending money for the Tuck Shop (this can be uploaded onto your camper's UltraCamp account before arriving)
- "Book or puzzles to do quietly during
- Kickback (**I-Pads or Kindles may be brought for the purpose of reading a book only. No internet access will be allowed, or the electronic device will be confiscated and secured with the Registrar until the camper leaves for home.)
- Insect repellent – non aerosol
- Sunscreen
- Flashlight
- A copy of the camper's medical insurance card (front and back) if it was not uploaded to the UltraCamp registration.
- Shoes with a defined 1/2" heel (if taking horsemanship), if you own a riding helmet and gloves, you are encouraged to bring those, also, for your camper's personal use.
- Watch
- Camera and memory card
- An extra plastic bag for your camper to pack their many camp treasures in at the end of the week.
- A life jacket if your camper owns an appropriately sized one.



Do Not Bring to Camp

- Radios, i-Pods, MP3 players, CD/DVD players
- Cell phones
- Electronic games
- Gum
- Guns or Fireworks
- Cigarettes, Vape, Marijuana, Alcohol, or Illicit drugs.
- Clothing with inappropriate slogans or sayings
- Immodest clothing (including speedos, thongs, string bikinis)
- Unwholesome books or magazines
- Pocketknives or Leatherman all-in-one tools (*staff excluded)
- Other items that could be construed as a weapon.
- Aerosol cans
- Fragrances
- Pets (certified service pets with approval)



Specialty Camps' Specific Packing Lists will be sent to registered campers for those sessions.

- Personal sports equipment is brought at your own risk. It is the owner's responsibility to care for and keep track of it.
- Personal equipment will be subject to the regulations that apply to similar equipment owned by the camp and may not be used until the appropriate activity specialist has inspected them for adherence to applicable safety standards.
- Regulations may require that they be kept under camp lock and key. (For example: personal bows and arrows.)

Driving Directions

From Western Washington

- Take I-90 eastbound.
- 25 miles east of Snoqualmie Pass, take Exit 78 (Golf Course Road).
- Turn right (south) and cross the railroad tracks.
- Continue up the hill and take the first right. The entrance road to Koinonia, on the left, starts at the first bend in the road.
- Watch for Cedarbrook/Koinonia signs.
- Driving time is approximately 2 hours from Seattle.

From Eastern Washington

- Take I-90 westbound.
- Approximately 10 miles west of Cle Elum take Exit 78 (Golf Course Road).
- Turn left (south) and cross the railroad tracks.
- Continue up the hill and take the first right.
- The entrance road to Koinonia, on the left, starts at the first bend in the road.
- Watch for Cedarbrook/Koinonia signs.
- Driving time is approximately 3 hours from Spokane.



Mail at Camp

It is always fun to get mail at camp! At least three to four days before your camper leaves home, mail a letter/card so they will receive it early in the week. Fill it with cheerful, positive news. Do not send food or candy.

Please note: If sending parcels via Federal Express or UPS, waive the signature requirement of the recipient.

The camp address is:

[Camper Name]
Cedarbrook @ Camp Koinonia
850 Camp Koinonia Lane
Cle Elum, WA 98922

** Also note, it takes 3-4 days mailing time from Seattle or Spokane to arrive at camp if sending something via the post office.

** There is an option to send your camper email daily through UltraCamp. Emails are printed and distributed daily.



What a Camp Day Looks Like

- Mornings begin with flag raising, breakfast and personal devotion time with God.
- This is followed by activity time and Bible Exploration.
- Lunch is next followed by Kickback. Two more activity times occur in the afternoon as well as free time and a chance to go to the Tuck Shop.
- The evening starts with dinner and is followed by divisional evening programs, snacks, and campfire talks.
- The day ends with the cabin wrap up before lights out.

Horsemanship at Camp

- Classic Camp week-long campers may sign up to take a Horsemanship activity when they register for camp.
- This activity is not available to Voyagers or Specialty Camp Campers.
- **Trail rides may be offered for any camper during Free Time (ages Pathfinder and older) for a fee of \$20.**
- No horse experience is necessary to go on a trail ride.
- Trail ride fees are deducted from the camper's Tuck Shop account.
- **Horse Specialty Campers** will have a trail ride included in their session's cost.
- Camper's riding horses are asked to **wear a shoe/boot with a defined 1/2-inch heel.** CCC does have a small supply of boots to loan.



Campers Missing Home

- It is expected that campers will have times where they miss home. However, most campers get so busy within minutes of their family's departure that their feeling of missing home dissipates as they become fully engaged in the camp experiences.
- Our counselors and support staff are trained to help campers at times when they are particularly missing home. We have found it best for campers not to receive or make phone calls during their week at camp as that can worsen feelings of missing home.
- Be assured we will not hesitate to call you if it is necessary.
- If you would like an update during the week, please inform the Registrar before the week begins or at the time of check in.
- You may also email the Registrar during the week to receive an update.



Emergency Numbers

Should an emergency require you to contact your child while they are at camp, please use one of the following numbers:

- Jayne Blackburn,
Ex. Director & Registrar:
206-390-7468
- Camp Emergency Phone:
509-674-5767



Tuck Shop

- The camp store, also known as the Tuck Shop, is open to campers each day during their free time.
- Campers may purchase two candy items and one soda item daily from Wet Tuck and any items from Dry Tuck that they wish, providing there is money in their account.
- We also offer fruit, chips, ice cream and nuts in Wet Tuck.
- Dry Tuck includes stationery, stamps, toys, hygiene items, journals, backpacks, water bottles, totes, and stuffed animals. Most campers bring \$25-\$50 to spend in the camp store.
- **Remember** to add an additional \$20 if your camper is interested in taking a Trail Ride.
- All expenditures are tracked daily.
- Any remaining amount over \$5 will be refunded. Remaining amounts less than \$5 will be applied to our general fund.



Health & Safety at Camp

- All campers and staff are required to complete the **health form and release for emergency health care** prior to July 1.
- A copy of the camper or staff's **medical insurance card** (front and back) required.
- All **medications** (prescription and non-prescription) will be given to the nurse during check in.
- All medications will be dispensed by the nurse throughout the week as prescribed. An exception may be made for inhalers or topical creams.
- When sending pills, please send only the number your child or yourself, will use in the week, in the original labeled container.
- If the dosage you indicate on the health form differs from the pharmacy labeling, please bring a copy of your health provider's prescription for the correct dosage.
- **All medications will be given following the prescription labeling or provider orders. No exceptions.**
- Our infirmary is well stocked with several varieties of pain relievers, decongestants, and antacids. Please be sure you have indicated on the health form to allow us to give medications treating your child's condition as necessary.
- Our nurse's primary responsibility is to care for campers and staff by treating acute illness and injury, while ensuring safety for all.
- Parents will be notified if your camper has any significant injury or identified concern.



- Campers experiencing a fever, diarrhea, vomiting, new-onset upper respiratory infection, require off-site care for an injury of illness, or who require observation by the nurse for 4 hours will be sent home.
- If a communicable disease (i.e., chicken pox) shows up at camp, all unimmunized campers and staff will be sent home immediately for their protection.
- Please notify the Registrar/Healthcare Manager if **your child has any of the following within 2 weeks** of camp:
 - Chicken pox,
 - Covid-19,
 - Mononucleosis, or
 - Another communicable disease
- If your child is sick when he or she is due at camp, please call the Registrar/Healthcare Manager to make further arrangements.
- Does your child have special physical or mental health needs, please contact our Registrar/Healthcare Manager.
- We want to care for your camper just as you would.

**Registrar/Healthcare manager:
Jayne Blackburn, RN
206-390-7468**



Foot Care

- Closed-toe and closed-heel shoes such as tennis shoes are required for camp.
- Socks are highly recommended.
- Aqua socks or flip flops may only be worn in the cabin or at the waterfront area.
- Shoes with a 1/2" heel are required for those campers taking Horsemanship.

